

**Summary of
AMERICAN DIABETES ASSOCIATION
CRITERIA FOR THE DIAGNOSIS OF DIABETES**

1. A1C $\geq 6.5\%$. The test should be performed in a laboratory using a method that is NGSP certified and standardized to the DCCT assay. *

OR

2. FPG ≥ 126 mg/dl (7.0 mmol/l). Fasting is defined as no caloric intake for at least eight hours. *

OR

3. Two-hour plasma glucose ≥ 200 mg/dl (11.1 mmol/l) during an OGTT. The test should be performed as described by the World Health Organization, using a glucose load containing the equivalent of 76g anhydrous glucose dissolved in water. *

OR

4. In a patient with classic symptoms of hyperglycemia or hyperglycemic crisis, a random plasma glucose ≥ 200 mg/dl (11.1 mmol/l).

*In the absence of unequivocal hyperglycemia, criteria 1- 3 should be confirmed by repeat testing.

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A consensus statement and algorithm for the initiation and adjustment of therapy can be found in Diabetes Care, Volume 35, Number 1, January 2012, page 193.

Diabetes Prevention & Control Program
Nebraska Health & Human Services
PO Box 95026
Lincoln, NE 68509
1-800-745-9311